

Прочитайте текст вслух. У вас есть полторы минуты на подготовку и полторы минуты, чтобы прочитать текст вслух.

There are numerous health benefits of owning a pet. The lowered blood pressure of a dog owner, for example, can be explained by the increased exercise taken on a daily basis. Going for a walk with your pet can also facilitate your social interaction, which can improve mood and reduce stress levels. If you live alone, pets can help overcome loneliness and encourage the feeling of responsibility for another being. Pets can also teach people with learning difficulties to communicate with the outside world. That is the miracle of pet ownership.

There is the inevitable downside to pet ownership. The death of a pet can lead to the same, or similar feelings of loss that we experience when we lose a human member of our family.